

CFBHPP Committee

Meeting Summary Conference Room C – Henrico CSB June 7, 2006

I. Welcome and Introductions

Brian Meyer

Brian opened the meeting with committee introductions and expressed regrets for Fran Gallagher who was not able to attend the meeting. The meeting summary of the May meeting, the motion to approve them was made by Don and seconded by Mary, the meeting summary accepted as written. Celebrations: Brian, VTC will be opening a six-bed unit, received a grant for \$135,000 for the state's first co-occurring disorders clinic and will be participating in a study to validate community norms for a second version of a psychological test. Vicki celebrating synergy of various groups coming together, various groups sharing and articulating the same ideas and issues, agencies are coming together and emphasis on various committees and Vicki's daughter had a good day at school. Barbara getting ready to discharge 16 children back into the community. Don, Commonwealth Center has been full, received small grant to continue projects, and on a personal note, grandson has a uniform from WW II and attended the National D-day conference. Lloyd helped his son get a dog but because of his allergies, Lloyd has a new pet. Wayne's son graduated 8th grade. Bela graduated with a degree in Health Science Administration, participated on SOC workgroup and training institutes of Georgetown, collaboration between pediatricians and behavioral health. Participating on a group looking at the economic health of the state, Bela's three sons at home. Mary celebrating a child who has been taken out of his living arrangement and was supposed to be placed in a residential treatment facility but the child has been placed with an individual where the placement was arranged with a child placement agency. Carolyn, Henrico re-organizing services. Betty excited about family preservation activities statewide, planning therapeutic day treatment in a housing project in Hampton. Looking to expand this initiative to other housing projects. Pat, daughter graduating high school and getting ready for college, time for celebration and sadness. Sandy celebrating middle child coming home from Iowa for two weeks since she hasn't seen her daughter since Christmas. Martha celebrating that the summer institute is almost here, giving scholarships to various groups. Attended policy academy about substance abuse. Malcolm celebrating trainings that he has attended, went to Orlando Florida to attend a summit, spent three intensive days in DC, the grant is a national initiative, consultants from around the nation, presenters were outstanding, very excited about attending the policy academy. Patrice is celebrating the VA INFO conference, Fran asked Patrice to co-present on a panel for physicians and celebrating a trip to Williamsburg for the weekend. Shirley is celebrating being back at the office; her son graduated with honors from college and now backs home, Shirley is glad to be back in the office.

II. Briefly

- **Committee Reports:** **Brian Meyer**
- o **Use of state facilities for children** **Don Roe & Sandy Bryant**

In the process of writing a report, goal to have the report out for comment the end of June, would like to see the beds stay where they are, the average census looks low but more often the beds are at capacity. Would like to look at how to use the beds more effectively during the summer when census is low, alternative utilization of the beds and staff and looking at regional initiatives for the beds, how does it happen, decrease the beds to keep the number at 64 or increase the number of beds. Web-based reporting on bed utilization has re-emerged as an issue, Senator Martin, Senator Puller, the Commissioner and others discussed this issue. A committee will be convened to look at bed need, designing a web-based system that would tell referral sources about the availability of beds in regions and what the capacity truly is. The question is; should the committee weigh in on this. This initiative will involve adults and children and will be a comprehensive initiative. This is an effort to gather data to validate that a shortage exists and how to allocate the resources. Is there a bed shortage, the mechanism that currently exists does not address the question, JLARC is looking at the cost of residential treatment in Virginia related to CSA. Where are the beds, what is the cost for serving these children, it is a different population than the population of a decade ago, etc. narrowing down the need, and what is the cost? What are the issues behind the bed need? Decision was made to use this initiative to determine the number of beds needed, for what kind of child, and conduct an analysis of the data. Draft report will be completed the end of June, report will be on the agenda for the August meeting. The report will be based on the Inspector General's report.

- o **Joint workgroup with SLAT residential treatment** **Pat Haley**

Still trying to organize the workgroup to look at the questions about what would a community have for community based services, using a system of care model, what a healthy community would look like, etc. The discussion is not about funding but who are out in Virginia is doing a good job, their success in implementing system of care, looking for a series of pilots using CSA funding to implement pilots, asking the CSA coordinators statewide about which communities are implementing successful models of systems of care. Pat hopes to have information available for the next meeting of this group. The group is trying to look at the way children are being served, why are they being offered which services, the first priority is looking at the children and at the back end determining how to pay for services for that particular child and his or her family. CFBHPP committee asked Pat to bring back to the committee considering asking a public administrator to join the group. The committee is at the beginning of its work, should the CFBHPP committee put this on the August agenda for a fuller discussion. Pat noted that the committee's goal is to look at exemplary communities, what is that all about,

leadership, financial incentives, to collect this information and bring it back to various committees for further discussion.

o Governor's Transformation Initiative workgroups Committee reps

Vicki, service development workgroup held its first meeting. Access and capacity were the themes, funding, what positive outcomes would look like, another meeting may be scheduled for August, preliminary meeting around organizational issues. Proposals were provided to the community to analyze the themes, crisis intervention, recovery, toward the goal of developing sub groups to work on these topics. Accountability was stressed, communities would need to do what they said they would do, outcome based, mental health, mental retardation and substance abuse were represented as well as provider groups. The committee will oversee the implementation of transformation. The funding does not touch Virginia's need for system transformation.

Don reported on the training committee will be meeting June 6th. The committee would not be discussing children's issues, would be primarily looking at peer-led programs, primarily focused on adult issues.

Brian reported on the Outcomes committee, chaired by Charline Davidson, most of its work is focused on adult recovery and participation outcomes. Brian will have an opportunity at the next meeting to discuss kid outcomes. Brian was able to introduce the concept of resiliency for children's services. Brian's perception of the committee, children's issues will be continued at a later time. Bela recommended group developed a strategy for helping individuals understand the implications of not addressing the needs of this population. This will be included on the August agenda, how do we make the children's agenda be heard. The Department's Restructuring Policy Advisory Committee has acknowledged the work around children's issues. The funding needs to match the percentage of children, what are the proposals going to the Governor, etc. The reality is this: transformation funds for children represent 10% of the dollars for the needs of 24% of the population. We may want to consider smaller workgroups for the next meeting in August.

o VA INFO Center Update Vicki Hardy- Murrell

Vicki handed out conference flyers and registration forms. Vicki presented information about the status of the VA INFO Center. Vicki reported 80 new referrals for the last quarter.

o Office of Child & Family Services Update Shirley Ricks

Waiting for the Governor's Transformation Initiative and budget approval, however, OCFS received 14 proposals, 9 CSBs for SOC, 6 for DJJ/MH and five CSBs applied for both. There were 11 DJJ/MH proposals. MH/JJ proposals were reviewed last week, 14 SOC, 7 rural and 7 urban, due for review in June. The intent is to fund 2 SOC and 7 DJJ projects. Child and Family Advisory Committee is holding a contest to

develop a logo for the OCFS. The SOC Institutes in Florida, ten CSBs will participate in this institute as well as staff from the OFCS. The group that attends the institute will work on a SOC conference for Virginia to be held sometime in the fall. Virginia Summer Institute for Addiction Studies, conference will be held in July in Williamsburg. Shirley reported on the policy academy and lessons learned at the academy. Shirley asking for representatives from children's services to attend June 15th meeting about the co-sig grant to be sure children's issues are represented. OCFS facilitated process for OCFS to individuals for utilization review for CSA. Regulations have been developed for protocols for youth discharged from juvenile justice system for transition back into communities. The proposed regulations will be published in the Virginia Register.

- o **Restructuring Policy Advisory Committee – Don Roe**

Due to the fact that the state budget has not passed, much of the discussion about initiatives planned was speculative. There were committee reports, what the committees have been doing and what is planned.

- o **Commission on Youth – Leah Hammaker**

Advisory group meetings will be held over the summer. Three studies; education options for kids related to expulsions and suspensions, identify models; planning for conference on evidence based practices; meeting planned for July, findings to the Commission in the fall, the third study, an ombudsman for children, public hearings will be held, Virginia Beach July 27th, Richmond meeting has not been scheduled yet.

- o **Joint Commission – Kim Snead**

Beneficial to show the need for beds, to assist with JLARC study planned for next year. The next meeting of the Behavioral Health Care subcommittee is scheduled for June 14th, planning to look at autism, Susan Williams of the Virginia Treatment Center, introduction to autism including prevalence; the Inspector General will discuss his office and its activities, July 11th, transformation and the use of funding, in July Shirley and Brian are presenting on the 2006 report. In September, the commission will hear a report on autism and the bed utilization. November 9th the commission will meet to discuss legislation and budget amendments. The Joint Commission is very interested in children's issues.

Discussion about an idea Shirley proposed about working on children's issues in mini-groups and then bringing the work of these groups to the larger transformation initiative workgroups. Brian asking for volunteers for subcommittees for the various transformation workgroups: Outcomes group, Brian and Vickey Fisher already on this committee; Don, training and workforce development, recovery, self-initiation, empowerment; Service development, oversee transformation programs, funding for transformation projects and MR waiver for children. There was discussion about whether to form these sub-committees or to advocate for the recommendations in the 2006 report.

Suggestion: a letter from the co-chairs of this committee to the Department about the mandate of this committee. The purpose of the sub-committees is to work on children's issues to be sure that children's issues are on the table with the work of these various committees. Brian stressed the importance of this committee being relevant and at the table when children's issues are being developed in a traditionally adult system. Joanne endorsed the concept of a letter to the Department and Voices reiterating the voice of this committee. Cannot transform the system without representation of children's services and children's issues. Shirley proposed bringing this issue to the Department and give the Department to address the issue, that children's issues are not being addressed through the committee structure.

- o Volunteers for these subcommittees in case:
 - 1. Training and Workforce Development: Don, Laurie Rokutani, Bela, Sherry Shrader
 - 2. Outcomes: Patrice
 - 3. Services Development: Anne Rollins, Barbara Shue, Shirley

III. Vice-Chair Election

Brian Meyer

Vicki has been nominated for the vice-chair position caused by the resignation of Fran. Brian asked for other nominations from the committee. There being none, Brian asked for a motion to approve the election of Vicki to serve as vice-chair for a period of one year. There was unanimous approval of Vicki as vice-chair.

IV. 2006 Report and Recommendations

Brian Meyer

Priority Funding Recommendations for FY 2008:

(See handout for further information about breakdown of funding in each category.)

1. Increase Service Capacity recommendation

There was discussion about this recommendation. There was a motion for amending this recommendation and to add 2 child psychology internships at the Commonwealth Center. The motion to amend this recommendation was made by Joanne and Don seconded the motion. The motion passed.

2. Increase the workforce

Discussion about this recommendation including the use of alternative venues for training including web based training and other forms of education and the pros and cons for supporting a university-based teaching center.

3. Provide families information and support

Discussion: the text is different and was re-written. Where does 211 fit into this recommendation? 211 is intended as an entry point but only provides information, and there is capacity for a contract with VA INFO for a partnership to link families with appropriate resources. There was discussion about budgeting \$500,000 for information and support. Suggestion to look at Senior Navigator and the EI system's I&R and to look at the budget figure. The group would like this figure adjusted downward and to specify what the funding is for, to clearly justify the reason for this item.

Total cost of recommendations: \$6,713,000

Copies to the committee will be disseminated after the Secretary's review, the end of the month. The report will be presented to the Joint Commission on July 11th. No committee meeting in July.

V. Adjournment at 2:15.